

# ADKEYSI IYO DULQAAD LAHAY

In aad ma'suuliyad qaaddid farqi weyn ayey sameyneysaa

2020-08-12

**Covid-19 wuu ka yaraaday Gällivare. Si loo yareeyo faafitaanka cudurka aadbey muhiim u tahay in aad sii awooddid in aad adkeysii iyo dulqaad lahaatid oo aad dadka kale masaafu u jirsatid.**

Waa khasab in xannidaadaha iyo tilmaamooyinka Hey'adda caafimaadka bulshada la sii raaco.

- Dadka kale u jirso masaafu 2 mitir ah
- Haddii aad dareemeysid in aad xanuunsantahay, ha la kulmi dad kale
- Haddii aad ku jirtid koox khatar ku jirta, tihid 70 jir ama ka weyntihid, yarey xiriirradaada xagga bulshada
- Si fiican u dhawr nadaafadda gacmaha
- Ka joog meelaha dadka faraha badan ay isugu imaanayaan

Macluumaad joogto ah oo ku aaddan Covid-19 ee degmada waxaad ka heleysaa bogga [gallivare.se](http://gallivare.se)

Nagala soco: Facebook, YouTube iyo Instagram @nyagallivare



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